

December 2011



# Spoke'n Word

**Wabash River Cycle Club Newsletter**

## Some tips for riding at night

### Paceline

With the onset of what I like to call **Evil Standard Time**

[EST], there is not much daylight left for those post work rides ... at least for most roadies. Fortunately, I can get to the Amphitheater by 4:40pm. With lap times at 20 minutes, I can hammer out a couple by sunset. However, you do need lights and good optics to bring your steed back to the trailhead on that final lap.

If you want to ride at dusk or night, here is what I've learned regarding lights and optics over the past two seasons ...

### Lights

1. Buy the brightest LED light that you can afford. For single-track riding at dusk, I wouldn't go with anything less than 300 Lumens. For true night single-track riding, you would likely not ride with anything less than 1,500 Lumens.
2. Light distribution is important. You must be able to see the width of the trail in order to pick the proper line.
3. You must properly aim your light. As you pick up speed, you need to cast more light further out from your front wheel.
4. Lights can be mounted on the handlebar and/or helmet. Handlebar mounted

lights give good depth perception due to the shadows that they cast. Helmet mounted lights always point where you are looking. Thus, they give better lighting through tight corners. [I use both.]

5. The great thing about LED lights by companies like Nite Rider is that the cost per lumen goes down every year!

### Optics

1. You need to wear sport glasses that maximize your vision in low light conditions.
2. Clear lenses typically have a 93% light transmission rate, while yellow lenses have a 90% transmission rate with better visual contrast.

Note: The Amphitheater Trail closes at sunset. So, make sure you wrap up your ride before it gets too dark (i.e. Civil Twilight which typically occurs 20 minutes after sunset this

continued on next page

### Annual Cookie Exchange

7 pm • Monday, December 5  
Hodson's Bay Company

Bring a dozen cookies to share. Club members receive an extended discount on purchases. Program: chain repair and replacement; cassette replacement.



## WRCC Contact List

### Club Officers • 2011

|                       |          |
|-----------------------|----------|
| <b>President</b>      |          |
| Roy Sparks            | 404-2832 |
| <b>Vice President</b> |          |
| Andrew Hirsch         | 463-1132 |
| <b>Secretary</b>      |          |
| Kay Thompson          | 538-3999 |
| <b>Treasurer</b>      |          |
| John Finley           | 497-7817 |

### Board Members • 2011

|                 |          |
|-----------------|----------|
| Pat Boling      | 497-0144 |
| Scott Davis     | 589-3815 |
| Kevin Emsweller | 449-8769 |
| Dan Gadbery     | 426-5605 |
| Howard Grabois  | 497-0144 |
| Martin Rossmann | 746-3900 |

### Chair Officers

|                                      |          |
|--------------------------------------|----------|
| <b>Membership</b>                    |          |
| Dan Gadbery                          | 497-1135 |
| <b>Wabash River Ride Coordinator</b> |          |
| Andrew Hirsch                        | 463-1132 |
| <b>Advocacy</b>                      |          |
| Pat Boling                           | 497-0144 |
| <b>Mileage Log</b>                   |          |
| Roy Sparks                           |          |
| wrcridelog@gmail.com                 |          |
| <b>Newsletter Editor</b>             |          |
| Sue Ferringer                        | 463-5493 |
| <b>Cartographer</b>                  |          |
| Charlie Myer                         |          |
| <b>Webmaster</b>                     |          |
| Becki Farley                         | 296-4055 |

### Ride Coordinators

#### Chair & Calendar

|                                      |          |
|--------------------------------------|----------|
| <b>A (19–21 mph) • B (17–19 mph)</b> |          |
| Kevin Johnston                       | 583-0739 |
| kjohnston@tipmont.net                |          |
| <b>C (15–17 mph)</b>                 |          |
| Kathy Schroth                        | 490-3877 |
| <b>D (13–15 mph)</b>                 |          |
| James Gross                          | 366-4819 |
| <b>E (11–13 mph)</b>                 |          |
| Kay Thompson                         | 538-3999 |
| <b>Novice (less than 11 mph)</b>     |          |
| Mark Levinthal                       | 497-7155 |

#### MTB & Gravel Road

Vacant

### Paceline • Some tips for riding at night

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time of year). Whatever lap I am on when sunset arrives (Thanks, Garmin!) is my final lap.

### Fun Facts

**Civil Twilight:** The time period when the sun is no more than 6 degrees below the horizon at either sunrise or sunset. The horizon should be clearly defined and the brightest stars should be visible under good atmospheric conditions (i.e. no moonlight, or other lights). One still should be able to carry on ordinary outdoor activities.

**Nautical Twilight:** The time period when the sun is between 6 and 12 degrees below the horizon at either sunrise or sunset. The horizon is not defined and the outline of objects might be visible without artificial light. Ordinary outdoor activities are not possible at this time without extra illumination.

See: [www.sunrisesunset.com/usa/Indiana.asp](http://www.sunrisesunset.com/usa/Indiana.asp)

### ☀ Sparky



**WRCC Cookout & Bonfire • November 12, 2011**

Thanks to Rob, Kelly & Hoot for a great time.

Kat Braz

# Wabash River Cycle Club is now on Facebook and twitter

That's right, we now have our own Facebook and Twitter account! For those of you currently using Facebook, feel free to search for **Wabash River Cycle Club** and "like" us. For those of you who need a little more guidance, we will follow up in the January newsletter with more specific details on how to interact with Facebook. **Also, anyone with questions should feel free to email either Aaron Madrid or myself.**

First, let me thank Aaron for his time and efforts in getting these technologies up and running for the club. He has been a big source of information, effort and ongoing support. Thank you Aaron! Well done!

The purpose of this first article is to announce our Facebook and Twitter presence and focus on the 30,000-foot view of our goals for the Facebook site. Remember, the January newsletter will have a second article with "how to" tips for Facebook and more information about our Twitter account in general.

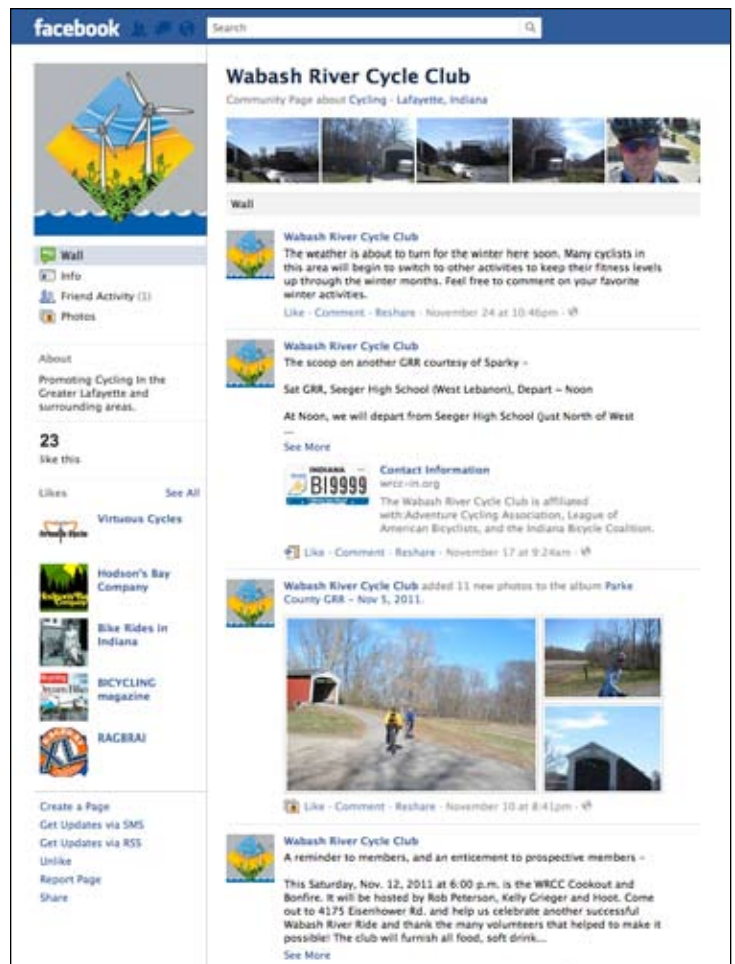
## Initial goals for Facebook

The Facebook page is not meant to replace any of our current web presences. The WRCC website and listserv have their own purpose and users.

The Facebook page is for those of you that are comfortable with—or interested in learning and exploring—social media. It also offers the club another opportunity to get our message out and promote cycling. The Facebook page is way to augment our web presence.

Facebook is a great tool to post and publicize special events, carry on conversations about those events and promote cycling in general. **If there is an event you would like posted, please contact either Aaron or myself. We can also post "photo albums" for those of you that would like to share pictures of events.**

As we move forward, we may use other features and set other goals, but for now, this is the scope. Your suggestions are always welcome.



## Thoughts on the ride calendar

Although it's possible to use Facebook as a scheduling tool, we do not recommend it at this point. We will occasionally post links to the website calendar as a way to keep that information in front of the public eye, but we probably do not want to try to maintain ride updates in multiple places. The listserv works well for that.

With that said, the Social Media Committee is always open to suggestions, so feel free to email me your thoughts.

Facebook can be a great tool to help the club achieve its goals. I hope you are as excited as I am to see the WRCC using this new technology!

Again, feel free to email either myself or Aaron with questions concerning the use of our Facebook page or suggestions on content.

Enjoy the Ride!

✻ **Scott Davis**  
sdavis6425@hotmail.com

**Aaron Madrid**  
amadrid@passageways.com

# Gravel Road Adventures

Southern Parke County • Covered bridges both new and familiar





All photos by Roy Sparks

# Gravel Road Adventures

Warren County • Still good after all these years



Roy Sparks



# Worst commute ever

Or "It seemed like a good idea at the time."

Lu Ann Johnston

by Kevin Johnston

As many of you are know, I began commuting to work on my bicycle many years ago. My tool of choice was a well-used hybrid that I had outfitted with lights and a luggage rack. Once I got in the habit of leaving the car at home, I quickly began experimenting with clothing and techniques to expand my weather envelope. On some occasions I over-reached my limits.

On one particularly memorable winter's day, the weather warmed to just above freezing while I was at work. Then it began to rain. Hesitant to make the "call of shame" over a lousy ten mile commute, I set out to prove the dominance of man over weather. As I headed across town and into impending winter darkness, I was treated to a healthy spray of slush from passing cars. Students of physics will realize that this would actually be colder than 32 degrees because the road crews had added salt to the mix. The fiends! Probably the same guys that spend their summers spreading

gravel in all of the corners of paved roads. I made it across town but became well soaked in the process. I pressed on out of town into the darkness.

My normal route would be to take South River Road to Division, but there was a bridge (OK, culvert) out that forced me onto SR26 for a short distance before dropping down to Division via 325W. About that time the rain and wind began to pick up. Westerly, of course.

I made it down to Division and headed west while trying to remember which stages of hypothermia come in between uncontrollable shivering and coma. I soldiered on past 500W. Just a couple of miles and I'll be home enjoying a hot shower. Then my headlight pierced the rain and gloom to reveal the point where the road ahead disappeared beneath the waters of the Wabash. What should have been welcoming asphalt stretched out before me as a lake. I paused momentarily, weighing my options. I could double back to 500W, climb the hill to SR26, then ride

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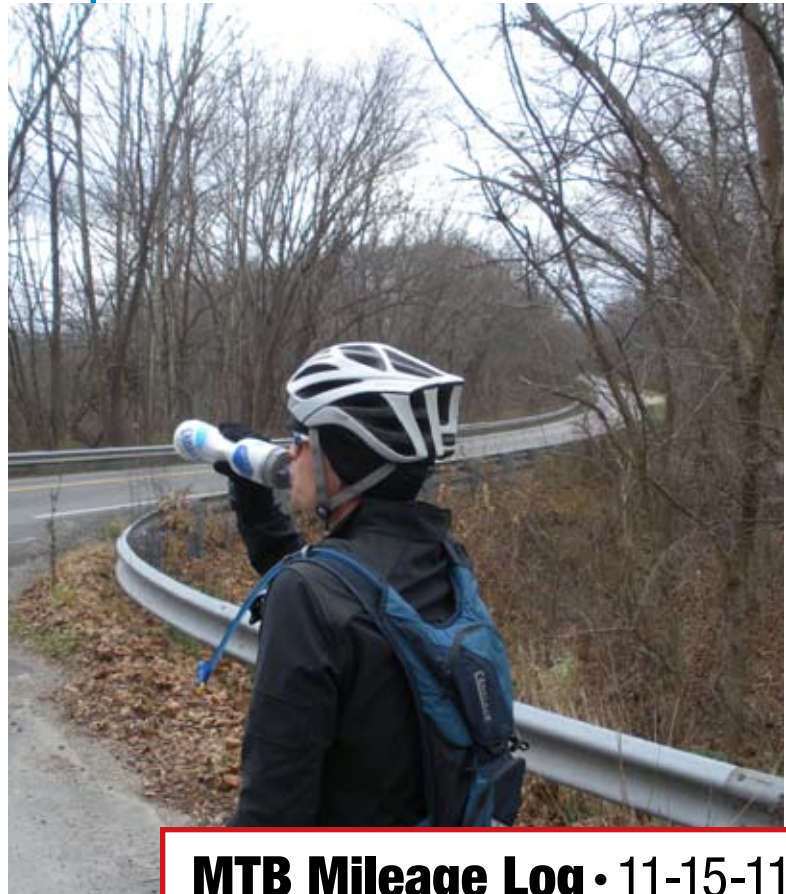
# Mileage Log • 11-15-11

| Rank | Rider              | Total Miles | Rides | Leads | Rank | Rider              | Total Miles | Rides | Leads |
|------|--------------------|-------------|-------|-------|------|--------------------|-------------|-------|-------|
| 1    | Dean Thompson      | 9528        | 240   | 23    | 56   | Dakota Campos      | 790         | 18    |       |
| 2    | Mike Haville       | 6881        | 149   | 4     | 57   | Kevin McCarthy     | 773         | 17    |       |
| 3    | Kay Thompson       | 6444        | 173   | 39    | 58   | Joseph Irudayaraj  | 763         | 26    | 1     |
| 4    | James Gross        | 5878        | 160   | 45    | 59   | Greg Small         | 725         | 18    | 10    |
| 5    | Kevin Emsweller    | 4695        | 110   | 47    | 60   | Gay Bussard        | 718         | 10    |       |
| 6    | Kathy Schroth      | 4505        | 93    | 3     | 61   | Mary Finley        | 715         | 24    |       |
| 7    | Ed Lambuth         | 3957        | 94    |       | 62   | Sharon Watson      | 678         | 19    |       |
| 8    | Andy Hirsch        | 3873        | 86    | 3     | 63   | Katie Molland      | 676         | 19    |       |
| 9    | Howard Grabois     | 3589        | 94    | 20    | 64   | Joyce Asem         | 609         | 24    | 12    |
| 10   | Tom Moffett        | 3549        | 110   | 20    | 65   | Joan Wealing       | 546         | 13    | 1     |
| 11   | Kim Beazer         | 3535        | 83    | 7     | 66   | Mark Levinthal     | 504         | 29    | 25    |
| 12   | Sue Ferringer      | 3322        | 63    | 14    | 67   | Jim Snell          | 500         | 16    |       |
| 13   | Carol Moffett      | 3170        | 92    | 1     | 68   | Chloe Harshman     | 494         | 18    | 6     |
| 14   | Delmer Hensley     | 3145        | 66    | 32    | 69   | Chris Yeomans      | 443         | 9     |       |
| 15   | Pat Boling         | 3115        | 76    | 38    | 70   | Mary Cockburn      | 441         | 12    |       |
| 16   | Kevin Johnston     | 2827        | 43    |       | 71   | Rose Mary Young    | 436         | 17    | 7     |
| 17   | Martin Rossmann    | 2758        | 39    | 2     | 72   | Suzanne Ahlermeyer | 387         | 18    |       |
| 18   | Mike Lockwood      | 2749        | 51    | 27    | 73   | Judy Wagoner       | 365         | 18    |       |
| 19   | Dan Gadbery        | 2593        | 44    | 1     | 74   | Sarah Wheeler      | 352         | 7     |       |
| 20   | Rik Olson          | 2592        | 82    | 13    | 75   | Dave Bowden        | 349         | 10    |       |
| 21   | Renee Roames       | 2455        | 78    | 7     | 76   | John Duvall        | 333         | 9     |       |
| 22   | Roy Sparks         | 2367        | 80    | 39    | 77   | Melissa McCandless | 326         | 9     |       |
| 23   | Kevin Luse         | 2364        | 50    | 16    | 78   | Wayne Wagoner      | 324         | 17    |       |
| 24   | Greg Smith         | 2182        | 40    | 13    | 79   | Joe Bolan          | 319         | 8     |       |
|      | Sandy Taylor       | 2182        | 56    | 3     | 80   | Michael Thoma      | 298         | 5     |       |
| 25   | Christian Terrassa | 2155        | 54    | 16    | 81   | Simone Yeomans     | 293         | 11    |       |
| 26   | Rick Lash          | 2145        | 46    |       | 82   | Corinne Alexander  | 291         | 11    |       |
| 27   | John Mason         | 2097        | 57    |       | 83   | Don McDole         | 283         | 7     |       |
| 28   | Melissa McCurley   | 2054        | 62    | 5     | 84   | Brent Russell      | 273         | 9     |       |
| 29   | Dave Simon         | 1905        | 53    | 12    | 85   | Randy Thies        | 254         | 12    |       |
| 30   | Doug Amick         | 1890        | 35    | 5     | 86   | Dave Rest          | 250         | 8     |       |
| 31   | Curtis Beazer      | 1870        | 43    |       | 87   | Erin Chamberlain   | 247         | 5     |       |
| 32   | Rob Peterson       | 1797        | 47    | 5     | 88   | Steve Adams        | 237         | 8     |       |
| 33   | Yon Gamarra        | 1634        | 55    |       | 89   | Stewart Henry      | 230         | 7     |       |
| 34   | Pam Benker         | 1624        | 48    |       | 90   | Jim Bien           | 205         | 3     |       |
| 35   | Shawn Donkin       | 1566        | 35    | 6     |      | Jonathan Stewart   | 205         | 7     |       |
| 36   | Rich Benker        | 1447        | 42    | 1     | 91   | Bernie Olsen       | 204         | 6     |       |
| 37   | John Clanton       | 1407        | 44    | 6     | 92   | Gary Fultz         | 199         | 6     |       |
| 38   | Kat Merriman       | 1404        | 45    | 3     | 93   | Rick Laurie        | 179         | 3     |       |
| 39   | Rick McKinniss     | 1357        | 41    | 1     | 94   | Dallas Halberg     | 172         | 3     |       |
| 40   | John Finley        | 1347        | 40    | 8     | 95   | Eric Brudell       | 166         | 3     |       |
| 41   | Kelly Grieger      | 1325        | 35    |       |      | Susan Laurie       | 166         | 3     |       |
| 42   | Scott Davis        | 1274        | 19    | 6     | 96   | Anita Oliver       | 163         | 5     |       |
|      | Bob Mrzlack        | 1274        | 26    | 1     | 97   | Gary Brouillard    | 160         | 5     |       |
| 43   | Doug Yacilla       | 1219        | 31    |       | 98   | Stacy Tinkler      | 152         | 6     |       |
| 44   | Skip Eads          | 1164        | 32    | 1     | 99   | Ted Harris         | 127         | 4     |       |
| 45   | Janet Winters      | 1158        | 40    | 21    | 100  | Tyler Johnson      | 122         | 4     |       |
| 46   | David Smith        | 1139        | 37    | 13    |      | Zoe Neal           | 122         | 8     | 7     |
| 47   | Dan Klippel        | 1119        | 35    | 1     | 101  | Sandy Laing        | 117         | 3     |       |
| 48   | Paul Preckel       | 1088        | 37    | 15    | 102  | David Blaauw       | 113         | 4     |       |
| 49   | Carlos Gonzalez    | 1051        | 26    |       | 103  | Jay Beugly         | 110         | 3     |       |
| 50   | Mindy Paulet       | 887         | 20    |       | 104  | Adam Kasch         | 105         | 6     |       |
| 51   | Jane Yacilla       | 864         | 20    |       | 105  | Scot Patridge      | 98          | 2     |       |
| 52   | John Folkers       | 841         | 24    |       | 106  | David Elliot       | 96          | 3     |       |
| 53   | Clay Watson        | 816         | 22    | 1     |      | Jon Grimes         | 96          | 4     |       |
| 54   | Mike McCoy         | 812         | 25    |       | 107  | Bill Manjak        | 92          | 4     |       |
| 55   | Clark Dale         | 805         | 24    |       | 108  | Marcus Hammack     | 90          | 4     |       |

Please email ride sheets to Roy Sparks  
at [wrcridelog@gmail.com](mailto:wrcridelog@gmail.com). Thanks.

| Rank | Rider               | Total Miles | Rides | Leads |
|------|---------------------|-------------|-------|-------|
| 109  | Geoff Mannix        | 89          | 3     |       |
| 110  | Teresa Luse         | 88          | 2     |       |
| 111  | Tom Albitz          | 81          | 1     |       |
|      | Candace Larson      | 81          | 5     |       |
| 112  | Alfonso Gerbolini   | 78          | 3     |       |
| 113  | John James          | 69          | 3     |       |
| 114  | Chapman Flack       | 66          | 4     |       |
|      | Kristina Throne     | 66          | 1     |       |
| 115  | Eric Bales          | 64          | 1     |       |
| 116  | Jody Wagner         | 57          | 2     |       |
| 117  | Miranda Yeomans     | 55          | 3     |       |
| 118  | Ayse Ciftci         | 53          | 2     |       |
| 119  | Chris Elder         | 50          | 2     |       |
| 120  | Amiee Jones         | 50          | 2     |       |
| 121  | Taya Flores         | 49          | 3     |       |
| 122  | Kat Braz            | 45          | 1     |       |
| 123  | Elsie Thoma         | 43          | 1     |       |
| 124  | Tony Smith          | 42          | 1     |       |
| 125  | Dave Ditty          | 41          | 1     |       |
| 126  | Barbara Doremire    | 39          | 2     |       |
|      | Jessica Rebman      | 39          | 1     |       |
| 127  | Zach Anthony        | 37          | 1     |       |
|      | Jessie Charles      | 37          | 1     |       |
|      | Linda Swartz        | 37          | 1     |       |
| 128  | Cassie Holloway     | 36          | 1     |       |
|      | Eric Pooles         | 36          | 1     |       |
| 129  | James Huff          | 35          | 1     |       |
|      | Bill Mannar         | 35          | 1     |       |
| 130  | Brad Hallbery       | 34          | 1     |       |
|      | Sarah Hallbery      | 34          | 1     |       |
| 131  | Christine King      | 33          | 1     |       |
|      | Patrick Schultheiss | 33          | 1     |       |
| 132  | Kariel Hoagland     | 32          | 1     |       |
| 133  | Nickolas Gamarra    | 30          | 1     |       |
| 134  | Danielle Wasserman  | 28          | 2     |       |
| 135  | Ryan Piley          | 26          | 1     |       |
|      | Jeff Walker         | 26          | 1     |       |
| 136  | Eli Knight          | 25          | 1     |       |
| 137  | Jason Lahman        | 24          | 1     |       |
| 138  | Tom Bassett         | 23          | 1     |       |
|      | Janet Bolan         | 23          | 1     |       |
|      | Randy Cox           | 23          | 1     |       |
|      | Heather Stout       | 23          | 1     |       |
|      | Michele Stout       | 23          | 1     |       |
| 139  | Lori Cook           | 21          | 1     |       |
| 140  | Aaron Madrid        | 19          | 1     |       |
| 141  | Ebie Thoma          | 18          | 1     |       |
| 142  | Mary Simon          | 15          | 1     |       |
| 143  | Alex Francis        | 13          | 1     |       |
|      | Elaine Francis      | 13          | 1     |       |
|      | William Francis     | 13          | 1     |       |
| 144  | Janine Siebert      | 8           | 1     |       |
| 145  | Jason Boley         | 7           | 1     |       |
| 146  | Brenna Lord         | 4           | 1     |       |

**168 total riders**



Roy Sparks

## MTB Mileage Log • 11-15-11

| Rank | Rider           | Total Miles | Rides | Leads |
|------|-----------------|-------------|-------|-------|
| 1    | Roy Sparks      | 622         | 36    | 29    |
| 2    | Rik Olson       | 350         | 19    | 1     |
|      | James Gross     | 350         | 18    | 1     |
| 3    | Dan Gadbery     | 335         | 13    | 1     |
| 4    | Dean Thompson   | 302         | 12    |       |
| 5    | Mike Lockwood   | 131         | 4     |       |
| 6    | Ed Lambuth      | 110         | 4     |       |
| 7    | John Folkers    | 84          | 7     |       |
| 8    | Martin Rossmann | 71          | 2     |       |
| 9    | Sandy Taylor    | 65          | 3     |       |
| 10   | Kim Beazer      | 59          | 2     |       |
| 11   | Adam Kasch      | 44          | 4     |       |
| 12   | Yon Gamarra     | 40          | 3     |       |
| 13   | Kevin Johnston  | 31          | 1     |       |
|      | Kay Thompson    | 31          | 1     |       |
|      | Tyler Johnson   | 31          | 1     |       |
| 14   | Doug Amick      | 28          | 3     |       |
| 15   | Shawn Donkin    | 20          | 2     |       |
| 16   | Jon Grimes      | 12          | 1     |       |
| 17   | John Mason      | 8           | 1     |       |
| 18   | Mary Cockburn   | 4           | 1     |       |
|      | Brenna Lord     | 4           | 1     |       |

**22 total riders**

# Who am I?



Submitted by Erin Chamberlain

It is not who inspired the cartoon, but what inspired the cartoon ...

I believe the cartoon originated in a British magazine (*Punch*) and was published ca. 1889. I think it was taking a jab at the “ordinary” bicycles of the day (e.g. 64-inch Columbia bicycle) when compared to the new “safety bicycles” (same size front and back wheels).

✧ **Sparky**



Library of Congress photo. Woman on tricycle, followed by men on penny-farthings (1887).

## ASK RUFUS JR.

In memory of Col. Jerry Sherrill, I offer my services for a very small, inconsequential fee. Please send your queries to the esteemed editor of this publication. All concerns seriously considered.

✧ *Rufus Roughhouse, Jr.*

### AND MORE HOT AIR

As a special service to my loyal readers ... and at no small expense ... I asked a local expert to expand on my answer to *Pumping Petunia*. She asked, “Why do my tires go from 120 psi to 80-90 psi over night?”

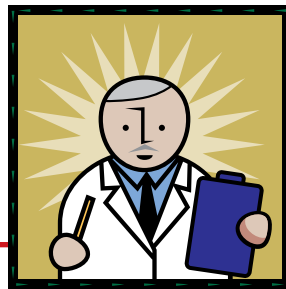
✧ *Rufus Jr.*

When one connects a typical floor pump to a tire (even if the tube has just been pumped to 120 psi), the pressure gauge will read about 80 psi.

How can this be? In the act of connecting the pump to the tube, one is joining two volumes—that of the tube in the tire to that of the tube connected to the pump. The former is at high pressure, the latter at atmospheric pressure (i.e., much lower). Connecting the two equalizes the pressure between the two volumes. Hence, the pressure in the tube in the tire drops.

Nothing more mysterious than that.

✧ *Consultant  
physicist to R.R.*



# WRCC Ride Calendar • December 2011

| Sunday   |   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |                 |                      |                 |                      |                      |  |                      |  |          |            |          |           |  |  |  |  |          |           |          |           |  |  |  |  |          |           |               |                  |                 |   |  |  |
|--|---|--|--|--|--|--|---|-----------------|----------------------|-----------------|----------------------|----------------------|--|----------------------|--|----------|------------|----------|-----------|--|--|--|--|----------|-----------|----------|-----------|--|--|--|--|----------|-----------|---------------|------------------|-----------------|---|--|--|
| <p><b>Ride Categories</b></p> <table border="0"> <tr> <td><b>Category</b></td> <td><b>Average Speed</b></td> <td><b>Category</b></td> <td><b>Average Speed</b></td> <td><b>Show &amp; Go</b></td> <td><b>Destination, speed, and distance are determined by the participants depending on the participants</b></td> <td><b>MTB or Gravel</b></td> <td><b>Single track or unpaved dirt roads—fat tires highly recommended</b></td> </tr> <tr> <td><b>A</b></td> <td>19–21+ mph</td> <td><b>D</b></td> <td>13–15 mph</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td><b>B</b></td> <td>17–19 mph</td> <td><b>E</b></td> <td>11–13 mph</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td><b>C</b></td> <td>15–17 mph</td> <td><b>Novice</b></td> <td>less than 11 mph</td> <td><b>All Club</b></td> <td>All categories, depending on the participants</td> <td></td> <td></td> </tr> </table> <p>* A+ rides will have no upper bound to their average speed</p> |   |  |  |  |  |  |   | <b>Category</b> | <b>Average Speed</b> | <b>Category</b> | <b>Average Speed</b> | <b>Show &amp; Go</b> | <b>Destination, speed, and distance are determined by the participants depending on the participants</b> | <b>MTB or Gravel</b> | <b>Single track or unpaved dirt roads—fat tires highly recommended</b> | <b>A</b> | 19–21+ mph | <b>D</b> | 13–15 mph |  |  |  |  | <b>B</b> | 17–19 mph | <b>E</b> | 11–13 mph |  |  |  |  | <b>C</b> | 15–17 mph | <b>Novice</b> | less than 11 mph | <b>All Club</b> | All categories, depending on the participants |  |  |
| <b>Category</b>  | <b>Average Speed</b>  | <b>Category</b>  | <b>Average Speed</b>   | <b>Show &amp; Go</b>   | <b>Destination, speed, and distance are determined by the participants depending on the participants</b>                                       | <b>MTB or Gravel</b>   | <b>Single track or unpaved dirt roads—fat tires highly recommended</b>  |                 |                      |                 |                      |                      |  |                      |  |          |            |          |           |  |  |  |  |          |           |          |           |  |  |  |  |          |           |               |                  |                 |   |  |  |
| <b>A</b>   | 19–21+ mph  | <b>D</b>   | 13–15 mph  |  |  |  |   |                 |                      |                 |                      |                      |  |                      |  |          |            |          |           |  |  |  |  |          |           |          |           |  |  |  |  |          |           |               |                  |                 |   |  |  |
| <b>B</b>   | 17–19 mph   | <b>E</b>   | 11–13 mph  |  |  |  |   |                 |                      |                 |                      |                      |  |                      |  |          |            |          |           |  |  |  |  |          |           |          |           |  |  |  |  |          |           |               |                  |                 |   |  |  |
| <b>C</b>   | 15–17 mph   | <b>Novice</b>  | less than 11 mph   | <b>All Club</b>  | All categories, depending on the participants  |  |   |                 |                      |                 |                      |                      |  |                      |  |          |            |          |           |  |  |  |  |          |           |          |           |  |  |  |  |          |           |               |                  |                 |   |  |  |
| <b>4</b>   | 11 am, <b>D</b> , Burtstfield Gym<br>1 pm, <b>C</b> , Celery Bog<br>2 pm, <b>C</b> , Monticello<br>2:30 pm, <b>E</b> , Kalberer | <b>5</b><br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer<br><b>Cookie Exchange</b><br>7 pm, <b>All Club</b> , Hodson's Bay | <b>6</b><br>11 am, <b>E</b> , Kalberer<br>4 pm, <b>C</b> , Celery Bog<br>4 pm, <b>D</b> , Celery Bog   | <b>7</b><br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer                               | <b>8</b><br>4 pm, <b>C</b> , Celery Bog<br>4 pm, <b>D</b> , Celery Bog   | <b>9</b><br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer                               | <b>10</b><br>12 pm, <b>C</b> , Kalberer<br>12 pm, <b>D</b> , Kalberer<br>2 pm, <b>E</b> , Kalberer<br>7:30 pm, <b>D</b> , Pedestrian Bridge |                 |                      |                 |                      |                      |  |                      |  |          |            |          |           |  |  |  |  |          |           |          |           |  |  |  |  |          |           |               |                  |                 |   |  |  |
| <b>11</b>  | 11 am, <b>D</b> , Burtstfield Gym<br>1 pm, <b>C</b> , Celery Bog<br>2 pm, <b>C</b> , Monticello<br>2:30 pm, <b>E</b> , Kalberer | <b>12</b><br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer  | <b>13</b><br>4 pm, <b>C</b> , Celery Bog<br>4 pm, <b>D</b> , Celery Bog                                | <b>14</b><br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer                              | <b>15</b><br>4 pm, <b>C</b> , Celery Bog<br>4 pm, <b>D</b> , Celery Bog<br><b>Christmas Light Ride</b><br>6 pm, <b>All Club</b> , Hodson's Bay | <b>16</b><br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer                              | <b>17</b><br>12 pm, <b>C</b> , Kalberer<br>12 pm, <b>D</b> , Kalberer<br>2 pm, <b>E</b> , Kalberer  |                 |                      |                 |                      |                      |  |                      |  |          |            |          |           |  |  |  |  |          |           |          |           |  |  |  |  |          |           |               |                  |                 |   |  |  |
| <b>18</b>  | 11 am, <b>D</b> , Burtstfield Gym<br>1 pm, <b>C</b> , Celery Bog<br>2 pm, <b>C</b> , Monticello<br>2:30 pm, <b>E</b> , Kalberer | <b>19</b><br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer  | <b>20</b><br>11 am, <b>E</b> , Kalberer<br>4 pm, <b>C</b> , Celery Bog<br>4 pm, <b>D</b> , Celery Bog  | <b>21</b><br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer                              | <b>22</b><br>4 pm, <b>C</b> , Celery Bog<br>4 pm, <b>D</b> , Celery Bog  | <b>23</b><br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer                              | <b>24</b><br>12 pm, <b>C</b> , Kalberer<br>12 pm, <b>D</b> , Kalberer<br>2 pm, <b>E</b> , Kalberer<br>7:30 pm, <b>D</b> , Pedestrian Bridge |                 |                      |                 |                      |                      |  |                      |  |          |            |          |           |  |  |  |  |          |           |          |           |  |  |  |  |          |           |               |                  |                 |   |  |  |
| <b>25 • Christmas</b>  | 11 am, <b>D</b> , Burtstfield Gym<br>1 pm, <b>C</b> , Celery Bog<br>2 pm, <b>C</b> , Monticello<br>2:30 pm, <b>E</b> , Kalberer | <b>26</b><br>1 pm, <b>C</b> , Kalberer<br>2 pm, <b>E</b> , Kalberer<br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer        | <b>27</b><br>1 pm, <b>C</b> , Celery Bog<br>4 pm, <b>C</b> , Celery Bog<br>4 pm, <b>D</b> , Celery Bog | <b>28</b><br>1 pm, <b>C</b> , Kalberer<br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer | <b>29</b><br>1 pm, <b>C</b> , Celery Bog<br>4 pm, <b>C</b> , Celery Bog<br>4 pm, <b>D</b> , Celery Bog   | <b>30</b><br>1 pm, <b>C</b> , Kalberer<br>4 pm, <b>C</b> , Kalberer<br>4 pm, <b>D</b> , Kalberer | <b>31</b><br>12 pm, <b>C</b> , Kalberer<br>12 pm, <b>D</b> , Kalberer<br>2 pm, <b>E</b> , Mayflower Mill                                    |                 |                      |                 |                      |                      |  |                      |  |          |            |          |           |  |  |  |  |          |           |          |           |  |  |  |  |          |           |               |                  |                 |   |  |  |

# WRCC Ride Calendar • December 2011

| Date                  | Time  | Category | Mileage | Start Location         | Leader    |
|-----------------------|---|----------|---------|------------------------|-----------|
| Sun 4, 11, 18, 25     | 11 am   | D        |         | Burtsfield Gym         | Show & Go |
|                       | 1 pm  | C        | 30–50   | Celery Bog             | Show & Go |
|                       | 2 pm  | C        | 35–45   | Monticello Court House | Show & Go |
|                       | 2:30 pm   | E        |         | Kalberer Soccer Fields | Show & Go |
| Mon 26                | 1 pm  | C        |         | Kalberer Soccer Fields | Show & Go |
|                       | 2 pm  | E        |         | Kalberer Soccer Fields | Show & Go |
| Mon 5, 12, 19, 26     | 4 pm  | C        |         | Kalberer Soccer Fields | Show & Go |
|                       | 4 pm  | D        |         | Kalberer Soccer Fields | Show & Go |
| <b>Mon 5</b>          | <b>Annual Cookie Exchange</b><br>7 pm • All Club • Hodson's Bay Company • 360 Brown Street, West Lafayette<br>Bring a dozen cookies to share. Club members receive an extended discount on purchases.<br>Program: chain repair and replacement; cassette replacement. |          |         |                        |           |
| Tue 6, 20             | 11 am   | E        |         | Kalberer Soccer Fields | Show & Go |
| Tue 27                | 1 pm  | C        |         | Celery Bog             | Show & Go |
| Tue 6, 13, 20, 27     | 4 pm  | C        |         | Celery Bog             | Show & Go |
|                       | 4 pm  | D        |         | Celery Bog             | Show & Go |
| Wed 28                | 1 pm  | C        |         | Kalberer Soccer Fields | Show & Go |
| Wed 7, 14, 21, 28     | 4 pm  | C        |         | Kalberer Soccer Fields | Show & Go |
|                       | 4 pm  | D        |         | Kalberer Soccer Fields | Show & Go |
| Thu 29                | 1 pm  | C        |         | Celery Bog             | Show & Go |
| Thu 1, 8, 15, 22, 29  | 4 pm  | C        |         | Celery Bog             | Show & Go |
|                       | 4 pm  | D        |         | Celery Bog             | Show & Go |
| <b>Thu 15</b>         | <b>Christmas Light Ride</b><br>6 pm • All Club • Hodson's Bay Company, West Lafayette • Leader: Kevin Johnston<br>City tour at sightseeing pace, followed by post-ride warm-up at Panera Bread.<br>Lights required. Hybrid/MTB recommended if it snows.               |          |         |                        |           |
| Fri 30                | 1 pm  | C        |         | Kalberer Soccer Fields | Show & Go |
| Fri 2, 9, 16, 23, 30  | 4 pm  | C        |         | Kalberer Soccer Fields | Show & Go |
|                       | 4 pm  | D        |         | Kalberer Soccer Fields | Show & Go |
| Sat 3, 10, 17, 24, 31 | 12 pm   | C        | 40–60   | Kalberer Soccer Fields | Show & Go |
|                       | 12 pm   | D        |         | Kalberer Soccer Fields | Show & Go |
| Sat 3, 10, 17, 24     | 2 pm  | E        |         | Kalberer Soccer Fields | Show & Go |
| Sat 31                | 2 pm  | E        |         | Mayflower Mill         | Show & Go |
| <b>Sat 10, 24</b>     | <b>Night Ride</b><br>7:30 pm • D • Pedestrian Bridge • Leader: Zoe Neal (MTB recommended, lights required.)   |          |         |                        |           |

## Starting Places

**Burtsfield Gym** parking lot, off of Lindberg Road, West Lafayette.

**Celery Bog** Nature Center parking lot, West Lafayette. Entrance is off Lindberg Road at west end of the bog.

**Hodson's Bay Company**, 360 Brown Street, West Lafayette.

**Kalberer Soccer Fields** parking lot, south side of Kalberer Road about ½ block west of Salisbury Street, West Lafayette.

**Mayflower Mill** School, 200 East 500S, Lafayette.

**Monticello** Court House, 110 N. Main Street, Monticello.

**Pedestrian Bridge**, west end of Main Street, Lafayette.

## Soup & A Movie

... back for the 3rd year

### Saturday, December 3

5:30–6:30 pm Social Hour • 6:30 pm Dinner

All WRCC members and their significant others are invited.

Created to help people keep in touch with their “bike buddies” during the winter. The host supplies soup and the movie, guests should bring a drink of their choice plus a side dish, dessert, or snack to share.

**Holiday Gift Exchange:** Each person should also bring a food gift—homemade or purchased—of approximately \$15 value.

**Host:** Kay & Dean Thompson • 6501 Wea Woodland Drive, Lafayette

**RSVP:** By Thursday, December 1 to [ektpefcu@tctc.com](mailto:ektpefcu@tctc.com) or call 765-538-3999.



## Worst commute ever, or “It seemed like a good idea at the time”

continued from page 7

west to 575W and face yet another frigid descent, or press on. I chose the latter. I pedaled carefully into the water trying to pick up landmarks that would indicate where the road might be.

The water continued to grow deeper. I began to hear a rhythmic splash as each foot dipped into the frigid water at the bottom of the pedal stroke. Then I noticed that my front hub was no longer visible, submerged below the murky water. I scanned the open water in front of me and picked up a lone sapling which I judged to indicate the location of the south side of the tarmac. I pressed on, still not completely sure of the location of the paved road beneath the water. I was pretty sure that venturing off of either side would be marked by an abrupt increase in depth.

After what felt like an eternity, I noticed that my front hub had reappeared. Like the creature from the dark lagoon, I emerged from the other side and pressed on toward home.

Those of us who commute by bicycle give many reasons. We may cite fitness, or the desire to save energy that would be consumed by our cars. On that fateful day the energy for my hot shower, not to mention laundry, probably far out weighed the bit of fuel my car would have consumed. In the end, there is only one reason. *Because we can.*



Lu Ann Johnston

### In hindsight ... a couple more thoughts

I think somewhere between shivering and coma there is a phase of hypothermia that affects one's decision making ability.

It was tough to capture what that ride was really like. I didn't know if it would keep getting deeper. I think I would have stopped when it got up to the handlebars.

### Join the WRCC listserve...

[sports.groups.yahoo.com/group/WRCC](http://sports.groups.yahoo.com/group/WRCC)

It's the easiest way to communicate with club members.  
Find out about:

- rides planned at the last minute
- changes to scheduled rides caused by inclement weather
- coming attractions & other misc. info

Please see the January 2011 WRCC Newsletter for a quick primer on how you can join or contact Dan Gadbery, membership chair ([gadberry@comcast.net](mailto:gadberry@comcast.net)).

### Affiliations



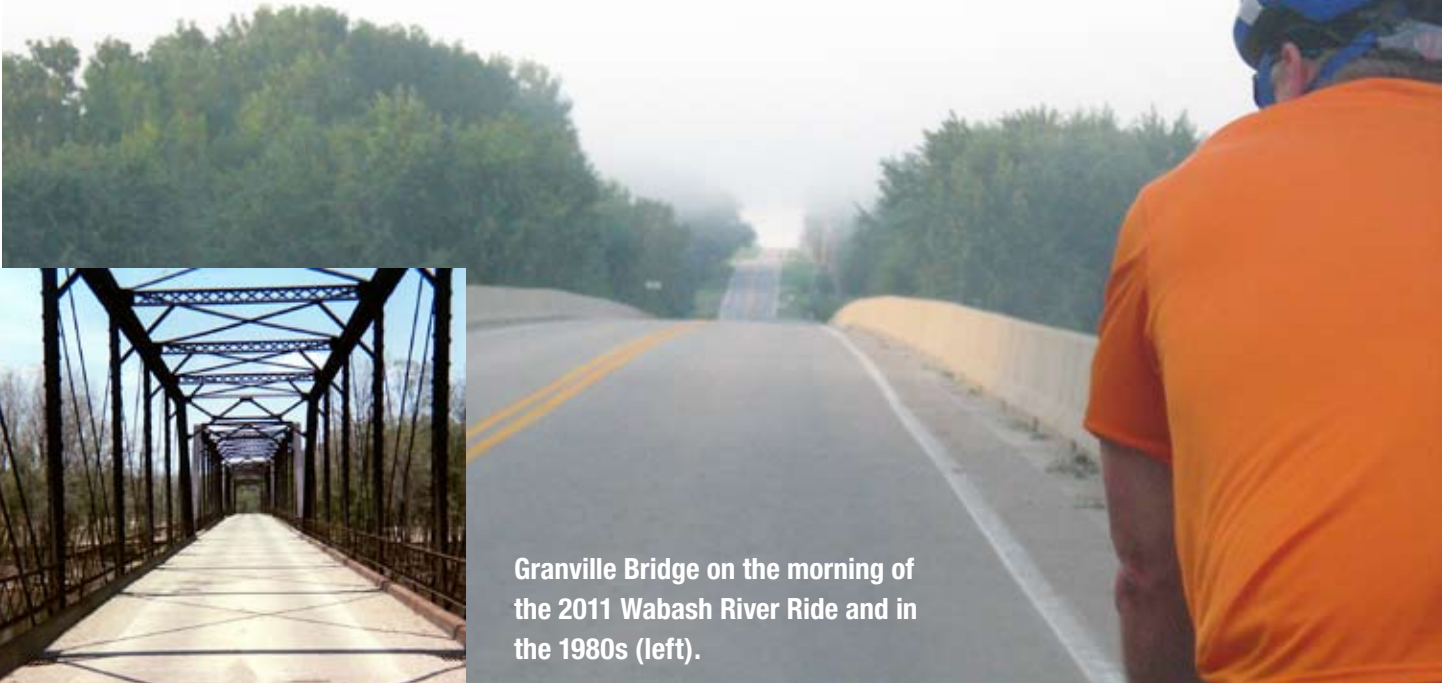
Adventure Cycling Association



Remember your 10% Club Discount at

**Hodson's Bay Company**  
on the Levee

Your local source for everything  
cycling & fitness



Granville Bridge on the morning of the 2011 Wabash River Ride and in the 1980s (left).

Michael Cent



# WRCC Membership Form

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone ( \_\_\_\_\_ ) \_\_\_\_\_ Occupation \_\_\_\_\_

E-mail \_\_\_\_\_

Other family members joining\* \_\_\_\_\_

**1. Return form & dues to:**  
 Wabash River Cycle Club  
 P.O. Box 1243  
 Lafayette, IN 47902-1243

**2. You may also pay your dues conveniently and securely with PayPal at the WRCC Web site:**  
**[www.wrcc-in.org](http://www.wrcc-in.org)**

*\*Minors (under 18 years) must be accompanied by a parent/guardian on all activities.*

**Type of Membership**

Student.....\$15

Individual .....\$20

Family..... \$25

**Average Speed**

19-21+ .....A

17-19 ..... B

15-17 ..... C

13-15 ..... D

11-13 .....E

11 & under.....Novice

**Cycling Type** Check all that apply.

Road

Touring

Commuting

Mountain

Racing

**T-Shirt Size**

Small

Medium

Large

XLarge

XXLarge

**Renewal**

Same address

**New Member**

I am willing to lead rides.

Are you a member of Bicycle Indiana? Yes  No

May we publish your name in our directory? Yes  No